

John Franklin Ridings
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EDUCATION

University of North Texas (UNT), Denton, TX
B.A. in Psychology **Fall 2006-
Present**

Collin County Community College (CCCC), Plano, TX
A.A. Fine Arts **Fall 2005**
Areas of Concentration: Psychology
Overall GPA: 3.0, Psychology GPA: 3.5

AWARDS

• Dean's List (CCCC) **Fall 2005**

RESEARCH EXPERIENCE

UNT, Denton, TX
Assistant Researcher – Project Forgive-The purpose of this randomized clinical trial is to develop and pilot a secondary prevention intervention that targets depression, stress, quality of life and risky behaviors in HIV+ women. By teaching cognitive behavioral forgiveness skills, we will potentially offset deficits specific to HIV+ adults by enhancing the coping resources available to them.
--Assisted in survey construction using QDS, assisted in participant recruitment, supervised, facilitated, and administered time series surveys at the Resource Center of Dallas. **May 2007-
Present**

Assistant Researcher – Project COPE- A correlational designed study measuring unsupportive social support, trauma, risky sexual behaviors, and stress among college students **March 2007-
present**
--Assisted project manager, Marissa Perales, with participant recruitment, administration of surveys, and data collection

Assistant Researcher – to graduate student Will Hua at UNT. **Summer 2007**
--Collaborated with and assisted in the construction of a literature review composed of HIV stigma related research articles.

Center for Psychosocial Health(www.unt.edu/cph) -Junior Researcher – The Mission of the Center for Psychosocial Health (CPH) is: 1) to provide a forum for interdisciplinary UNT scholars to collaborate on health-related research and **February
2007**

intervention/prevention development; 2) to produce world-class research on psychosocial factors associated with chronic disease; 3) to train undergraduate and graduate students to be rigorous health researchers; 4) to provide service to the Dallas/Fort Worth Metroplex community; and 5) to attract external financial support for the activities of the Center.

RELATED EXPERIENCE

- IRB proposal for Project Forgive Men*
Editor **2007**
Revised original IRB proposal for HIV+ women in order to change the intervention to better suit the needs of HIV+ men.
- NIH Certification Training*
Ethical researcher certification **March 2007**
Course on Human Participants Protection Education for Research Teams, sponsored by the National Institutes of Health (NIH). The course addresses ethical principles and guidelines that assist in resolving the ethical issues inherent in the conduct of research with human participants.
- SPSS*
Statistical Data Processing Software **2007**
Working knowledge using this software to process data as well as analyzing using various techniques.
- QDS*
Questionnaire Development Software **2007**
Working knowledge of building, editing, and administering surveys using this software.

PUBLICATIONS AND POSTERS

- "Stigma, Forgiveness and Depression in HIV+ Women"
Poster presenter at the Society of Behavioral Medicine 29th Annual Meeting and Scientific Sessions, San Diego, CA 2008

LANGUAGES

- English – native language
- Spanish –speak, read, and write with basic competence.

MEMBERSHIPS AND VOLUNTEER WORK

- Local 745 Teamster Union
- Designed the 2007 AIDS ARMS Life Walk t-shirt for CPH and participated in the walk. Our organization (CPH) raised over \$600.
- Regular blood donor.