

TARA C. STEINBERG
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EDUCATION

- August 2007- present Ph.D. in Behavioral Medicine/Clinical Health Psychology, University of North Texas, Denton, TX
- May 2006 M.A. in Clinical and Counseling Psychology, Southern Methodist University, Dallas, TX
(Research in Behavioral Medicine)
Thesis: Psychosocial Factors Predicting Health Status and Perceived Effectiveness of Healthcare in an AIDS/HIV Population
- May 2004 B.A. in Psychology, University of Texas at Austin, Minor in Jewish Studies, Austin, TX

LANGUAGES

Fluent in English, French, and Hebrew
Currently learning Spanish

SKILLS

Computer: MS Word, Excel, PowerPoint, PageMaker, SAS, SPSS, QDS, and Access

Psychological Instruments: Rorschach Inkblot Test, Life Challenge Inventory (LCI), Sickness Impact Profile (SPI), Clinical Assessment Questionnaire (CAQ), Jackson Personality Inventory (JPI-III), Basic Personality Inventory (BPI), Thematic Apperception Test (TAT), House-Tree-Person (HTP), West Haven-Yale Multidimensional Pain Inventory, Health Assessment Questionnaire (HAQ), Ferrans Quality of Life Index, Hamilton Anxiety Scale, Hamilton Depression Scale, Clinician Administered PTSD Scale (CAPS Life Events), Structured Psychosocial Evaluation, Drug Questionnaires, Structured Clinical Interview for DSM-IV-TR (SCID), Wechsler Abbreviated Scale of Intelligence (WASI), Wechsler Intelligence Scale for Children IV (WISC-IV), Wechsler Adult Intelligence Scale-III (WAIS-III), Wechsler Memory Scale (WMS), Conners' Continuous Performance Test (CPT), Conner's Teacher Rating Scale, Concepts of Development, Family Environmental Scale, Stroop Task, Weather Prediction Task, Prenatal Questionnaires, Parent Stress Index (PSI), Bayley Scales of Infant Development-II (BSID-II), Wide Range Achievement Test (WRAT), Wide Range Assessment of Memory and Learning (WRAML), Vineland Adaptive Behavior Scale (VABS), Child Behavior Checklist (CBCL), Woodcock-Johnson III

(WJ-III), Behavior Rating Inventory of Executive Function (BRIEF), Nelson Denny Reading Test, Strong Interest Inventory (SSI), Myers Briggs Type Indicator (MBTI), and the Minnesota Multiphasic Personality Inventory-2 (MMPI-2).

RESEARCH EXPERIENCE

- 2008-present Assistant Project Manager for Project Health, The University of North Texas, Denton, Texas
Assisted in the formulation of a health screener for the LGBT community
Assisted in Institutional Review Board application
Assisted in the creation of fliers and handout information
Help in the recruitment of LGBT participants
Establishing LGBT networks with the University of North Texas
- 2007-present Research Assistant in the Center for Psychosocial Health, The University of North Texas, Denton, Texas
Help in the recruitment of participants for Project Cope and Project Forgive
Administer computer based surveys
Transcribe audio tapes from group therapy sessions (Project Forgive)
- 2006-present Research Assistant/Recruitment Coordinator, Department of Child Psychiatry, New York State Psychiatric Institute, Columbia University, Dr. Bradley Peterson, Dr. Tove Rosen, New York, NY
- Recruitment Coordinator: responsible for recruiting drug abusing pregnant women, specifically using cocaine, marijuana, methamphetamines, crack, heroin, or methadone during pregnancy.
Responsible for establishing connections between NYSPI and different drug treatment and high risk programs in New York City and surrounding areas.
Responsible for enrolling and consenting participants (trained under the instructions of strict HIPAA and confidentiality laws)
Conducting and scoring a variety of neuropsychological assessments including: Hamilton Anxiety Scale, Hamilton Depression Scale, CAPS Life Events, Psychosocial Evaluation, Drug Questionnaire, SCID, WASI, CPT, Concepts of Development, Family Environmental Scale, Stroop Task, Weather Prediction Task, WMS, Prenatal

Questionnaire, Parent Stress Index, Denver Developmental Screening Test, Bayley Scales of Infant Development, Fagan Test of Visual Memory, Vineland Adaptive Behavior Scale, Child Behavior Checklist, and Preschool Language Scale.

Other responsibilities include collection of meconium and urine samples, eligibility screening, MRI safety screening, consenting and HIPAA training, and maintaining/updating all databases (access).

Preparing Institutional Review Board (IRB) protocols and sitting in on IRB committee meetings

2004-2006

Graduate Research Assistant, Southern Methodist University, Dr. Ephrem Fernandez

Helped design AIDS/HIV research study (Master's Thesis)

Preparing and submitting IRB protocol

Assisted in the formation and implementation of questionnaires/surveys

Reviewing preexisting psychosocial AIDS/HIV published literature

Selecting AIDS/HIV agencies and building/maintaining rapport with such agencies

Recruitment of participants

Data collection and entry

Maintaining databases

Analysis of data

Successfully proposed thesis on 3/25/2006

Successfully defended thesis on 4/28/2006

Thesis is currently being published

2003-2004

Undergraduate Research Assistant, The University of Texas at Austin (Children's Research Lab), Dr. George Holden

Assisted in research project headed by Dr. George Holden and graduate student (Ms. Brigitte Vittrup)

Research focused on child beliefs/perceptions regarding discipline, as well as the correlation between disciplinary actions/corporal punishment and its effect on the parent/child interaction

Assisted in screening and selection of research participants

Administered surveys and self report questionnaires for parent and child

Maintained database of participants

Data entry

Data check

CLINICAL/COUNSELING EXPERIENCE

- 2008-present University of North Texas Health and Wellness Center
Treating medical patients with biofeedback
Supervision by Dr. Joe Doster
- 2008-present University of North Texas Psychology Clinic
Intake, therapy and assessment
Supervision with Dr. Collins and Dr. Doster
- 2008-present Project Forgive- Wave 2 (The University of North Texas)
AIDS/HIV group therapy co-facilitator
Educational control group
Supervision with Dr. Mark Vosvick
- 2007-present Project Forgive (The University of North Texas)
AIDS/HIV group therapy co-facilitator
A cognitive behavioral approach to forgiveness
Supervision with Dr. Mark Vosvick
- 2007 Neuro-traineeship affiliated with the University of North
Texas (from the private practice of Richard Miller, Ph.D.)
Individual time spent with patient with traumatic brain injury
and frontal lobe disturbances
Supervision with Dr. Richard Miller
- 2006 Austin Street Center (homeless shelter)
Intake sessions and clinical evaluations
Group therapy facilitator
Implementation of psychosocial services and treatment
plans (mainly for substance and alcohol abuse)
Psychosocial assessment measures
- 2004 Center for Brain Health
Intake sessions and case histories
Re-evaluations at follow-up
Administering and scoring cognitive-linguistic assessments
(Woodcock-Johnson III, WISC-IV, Conner's Teacher Rating
Scale, Behavior Rating Inventory of Executive Function, etc.)
Report writing (psychological and cognitive-linguistic reports)
- Group and individual counseling for:

Children (Traumatic Brain Injury, Learning Disabilities, ADHD, ODD, CD, Depression, Physical/Sexual Abuse, Shaken Baby Syndrome, Fetal Alcohol Syndrome, Seizures, Stroke, and any issue related to disruption in executive functioning)

Adults (for a variety of cognitive disorders including Alzheimer's, Dementia, and Stroke. Additionally, Depression, Anxiety, Physical/Sexual Abuse, Dissociative Identity Disorder, and several personality disorders)

WORK EXPERIENCE

2008-present University of North Texas
Biofeedback Manager
Training others in biofeedback
Updating and maintaining biofeedback computer equipment (Infinity)
Supervision by Dr. Joe Doster

2008-present University of North Texas
Test store room employee
Checking out psychological assessments and equipment
Maintaining checkout records
Ordering psychological assessments/equipments

2007-presented Universal Ministries
Ordained minister in all U.S. states
Officiate wedding ceremonies

2003-2005 Tutor for Undergraduate Psychology students (independent)

2000 Merkaz Inc.
Book review: general ledger postings, account balances
Networking administrator: creating new user accounts, administrating the network security

MASTER'S THESIS

Fernandez, E., & Steinberg, T.C. (May, 2006). Psychosocial Factors Predicting Health Status and Perceived Effectiveness of Healthcare in an AIDS/HIV Population.

POSTERS AND PRESENTATIONS

Peterson, B., & Rosen, T. (September, 2006). MRI Studies of Infants Exposed Prenatally to Drugs of Abuse. Poster presentation for Bronx-Lebanon Hospital Institutional Review Board committee.

Peterson, B., & Rosen, T. (November, 2006). MRI Studies of Infants Exposed Prenatally to Drugs of Abuse. Poster presentation for St. Luke's-Roosevelt Hospital Institutional Review Board committee.

PROFESSIONAL MEMBERSHIPS

Student affiliate of the American Psychological Association

Student affiliate of the American Psychological Society

Psi Chi Psychology Honor Society

National Honor's Society

National Society for Collegiate Scholars

Chancellor's List

VOLUNTEER

Volunteer at different AIDS/HIV centers (AIDS Foundation, AIDS Arms, and Center for AIDS) (Dallas, Houston and New York)

Ongoing volunteer at the Jewish Community Center for hurricane Katrina/Rita victims (Houston, TX)

Volunteer for annual Christmas Party at the HIV/Family Center (NY, NY)