

Julie Ballinger
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ACADEMIC HISTORY

August 2005 – Present	University of North Texas, Denton, TX Graduate Student Counselor Education
August 2005	University of North Texas, Denton, TX Bachelor of Science - Psychology
December 1990	Truckee Meadows Community College, Reno, NV Associate of Arts

COMMUNITY SERVICE

TMSCA Math Coach 2003 - Present
Christa McAuliffe Elementary PTA, Highland Village, TX

Boy Scouts of America - Troop Webmaster 2003 - Present
Troop 265 – Flower Mound, TX

Speakers Bureau 2001 – Present
Friends of the Family, Denton, TX

Vice-President of Fundraising 2002 - 2003
Christa McAuliffe Elementary PTA, Highland Village, TX;

Vice-Chairman Publicity 1998 - 2000
Pegasus Auxiliary of the Assistance League of Dallas, Dallas, TX
Membership 1997 - 2001

Community Outreach Chairman 2001 - 2002
Christa McAuliffe Elementary, Highland Village, TX

CURRENT RESEARCH ACTIVITIES/INTERESTS

Research Interests

Current research interests include positive psychology constructs and behaviors related to stress, depression and quality of life; multi-dimensional aspects of complementary and alternative medicine usage in people living with HIV/AIDS.

Presentations

Ballinger, J. Vosvick, M. & Ranucci, M. B., *Complimentary/alternative medicine and perceived stress in people living with HIV/AIDS*. Poster presented at American Psychological Association Conference, Washington, D. C., August 2005

Ranucci, M. B., Vosvick, M., & **Ballinger, J.** *Positive and negative affect: Differential influence of coping with HIV/AIDS*. Poster presented at American Psychological Association Conference, Washington, D. C., August 2005.

Ballinger, J., & Vosvick, M. *Somatic Symptoms, Meditation Practice and Positive Psychosocial Factors As Correlates of Stress In HIV+ Adults Who Use Complementary and Alternative Medicine*. Poster presented at Society of Behavioral Medicine, Boston, MA, April 2005

Dixon, D., Vosvick, M. & **Ballinger, J.** *Sleep Disturbance, Stigma and Pain in HIV+ Adults who use Complementary and Alternative Medicine*. Poster presented at Society of Behavioral Medicine, Boston, MA, April 2005

Ballinger, J., *The Center for Psychosocial Health Investigates Complementary and Alternative Medicine Usage in the HIV+ Community*. World AIDS Day Conference, University of North Texas, November 2004

Ballinger, J. & Vosvick, M. *Correlates of Stress in People Living with HIV/AIDS*. *Poster Presentation*, Society of Behavioral Medicine International Conference, April 2004.

Research Projects

2003 – Present **Student Coordinator**
POSITIVE CONTROL: ALTERNATIVE METHODS
CAM Usage and Health Related Behaviors in a Gender
Balanced, Diverse Sample of Adults Living with HIV/AIDS
University of North Texas, Center for Psychosocial Health,
Principal Investigators: Dr. Mark Vosvick
Responsibilities as student coordinator include IRB
application, survey development (qualitative and quantitative),

participant recruiting (including ASO relationships, flyers, and scheduling), data collection (including research team scheduling, session supervision, focus group co-facilitator, participant refreshments), data entry (including SPSS data format, documentation, student training instructions, student training, survey entries, data cleaning (including documentation and student training instructions), data scoring including (documentation, student training instructions and student training), data analysis (including correlational analysis, student supervision and submission abstract assistance), summary of research for publication on website and for dissemination to new research assistants, qualitative data analysis.

2003 – 2004

Research Assistant

PROJECT VOICES: Turning it Around

The Stigma of HIV: Relationship to Health-Related Behaviors and Quality of Life

University of North Texas, Center for Psychosocial Health

Principal Investigators: Dr. Mark Vosvick

Duties included: data collection, data collection team supervision, participant recruiting, data entry, data cleaning and data scoring.

PRIOR RESEARCH

PROJECT HOW: Health Outcomes of Women

University of North Texas, 2002–2003

Principal Investigators: Dr. Linda Marshall & Dr. Rebecca Weston

PROFESSIONAL AFFILIATIONS

American Psychological Association

Society of Behavior Medicine