

# Non-Traditional & Commuter Students

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## Mean Green Week & University Day

Celebrate Mean Green Pride ... March 30th—April 3rd! Brought to your Student Government Association...

### Monday:

*Kick-off Day*

\*Guest Speaker\*

Live DJ and hot dogs provided by Dining Services!

A big screen set up for students to play NCAA '09.

Spirit icons showcased on the green including the cannon, the Mean Green Machine, possibly Tug, etc.

Performance by the UNT Dancers.

### Tuesday:

*Accomplishments*

Large signs signifying each college are posted on the campus green. Surrounding each sign are multiple smaller signs with famous alumni, great accomplishments, and awards won by each college respectively

Drinks provided from the coke trailer.

Dunk Booth provided with times posted of who will be available to dunk.

### Wednesday:

*Resources*

Meet Your Dean Day allowing students to meet the deans from their specific college.

Resource booths for offices on campus.

### Thursday:

*Pride Day*

Students can come by and get their picture taken while giving the eagle claw.

Free coupons for food.

Hopefully a tradition will begin...Residence Hall Association vs. Greeks in a gridiron showdown at Fouts Field. We will have a flag football game between these two organizations complete with cheerleaders, announcers, and a DJ or band!

**Come join in on the fun & celebrate UNT!**

### FEATURED UPC Events this Month ...

-April 1st: Make Your Own Music Video—1 '0 Clock Lounge, 11 a.m. to 1 p.m.

-April 7th: Taste of Denton, 6 p.m.

-April 8th: Behind the Lyrics: The Power of Hip Hop Culture, 7 p.m.

-April 20th: Earth Week Reception, 5 p.m. to 7 p.m.

-April 21st & 22nd: Sustainability Fair, 10 a.m. to 2 p.m.



Event  
Updates from  
SGA ...

March 30th—April  
3rd:  
SGA Election Week ...  
VOTE ONLINE!

April 4th: Green &  
White Spring Game, 3  
p.m.—Fouts Field

April 29th: Flight  
Memorial, 12 p.m.—  
Schrader Pavilion

[http://  
www.untsga.com/](http://www.untsga.com/)

## Final Four Game Watching Party

Interested in how the year in College Basketball will end up?  
Enjoy watching the game with friends ...

Come join the UNT Student Activities Center as we host a Final Four Game  
Watching Party for you ...

**Where: University Union, Syndicate**

**When: Monday, April 6, 2009, 6:30 p.m. to 10:30 p.m.**

Free Snacks, Spirit Favors, & Video Games!  
Contact (940) 565-3807 for questions!

## Non-Traditional Student Organization

Are you a Non-Traditional Student at the University of North Texas? Are you looking for a network of peers for support? If you are, the Non-Traditional Student Organization may be a good resource for you.

The Non-Traditional Student Organization will work with the Student Activities Center to create a support network for all

Non-Traditional Students that are a part of the community at UNT, as well as host events beneficial for these students specifically.

We have recently established an Executive Board made up of officer positions including President, Vice President, Treasurer and Secretary to further support

this effort. The officers are as follows; Jerquila Slaughter, Elisha Oliver, Eric Reeves, and Jason Carlson.

In the coming months, the UNT Student Activities Center will be working diligently to finish creating an organization just for you as a Non-Traditional Student.

Stay tuned for more ....

## Healthy Tips for Weight Loss

If you are looking for a sensible plant that will help you get rid of cellulite and belly fat, you are heading in the right direction...

Understanding how the body gains weight and loses weight is the first thing to know. Every day, your body burns a certain number of calories. If you consume more calories than you burn, you have a calorie surplus that gets stored in the form of fat. If you burn more calories than you consume, you will burn fat to make up the extra energy you need. If you reduce the number of calories you consume or increase the number of calories you burn, you will lose more weight, faster. Burning more calories every day is the first part of the weight loss equation.

If you want to increase the number of calories you burn each day, there are a lot of things you can do.

# Non-Traditional Student of the Month

Elisha Oliver is a full-time (18 hours) transfer student and this is her second semester at UNT. Within her short time as a student, Elisha has been greatly impacted by Dr. George Maxey (one of the reasons I'm at UNT) and Dr. Beverly Davenport (She is the greatest!!!!)

She is Anthropology major with emphasis on Women's and Urban Studies. Currently, Elisha is employed by UNT's very own G-force, a college outreach and readiness program.

Elisha is a mother of two children....David and Danielle. She also has two very spoiled dogs with political names....Carter and Jack. Carter is a long-haired terrier (like the Benji dog) and Jack is a Weimaraner (The Gray Ghost).

Lastly, Elisha is currently a freelance writer and photographer and recently started an on-line business selling my art pieces, re-purposed greeting cards, and jewelry.



**Eagle's Nest Meetings**

SGA would like to inform you of all Eagle Nest Meetings that are left this semester, held in Rm. 409 of the University Union, unless stated otherwise:

April 14 (Rm. 415)  
April 28

## Healthy Recipe: Eating Well

These Morning Glory muffins are full of everything you'd expect in the bakery favorite—carrots, apple and raisins, topped with nuts and toasted wheat germ. But most versions are high in fat so we substituted apple butter for much of the fat, which makes each bite superbly moist and tender. If raisins aren't your favorite, substitute an equal amount of the dried fruit of your choice.

Find full recipe at:

[http://www.eatingwell.com/recipes/morning\\_glory\\_muffins.html](http://www.eatingwell.com/recipes/morning_glory_muffins.html)

## Distinguished Lecture Series ...

Former Mexican President Vicente Fox will discuss his businesses-centered approach to the development of his nation, the future of the North American Free Trade Agreement and opportunities available for international corporations in Mexico during a lecture **April 14**. "Bringing the New Economy to Latin America" begins at **8 p.m.** in the **Coliseum**. Fox's appearance is part of UNT's Distinguished Lecture Series.

Vicente made history in 2000 when he was elected President of Mexico. Fox pulled off an impossible feat by ending the 71-year reign of the Institutional Revolutionary Party.

**Tickets free for UNT Students!**

**Student Activities Center**  
**Union 320**  
**940-565-3807**  
**[www.unt.edu/sa](http://www.unt.edu/sa)**

**The Student Activities Center is devoted to helping non-traditional and commuter students get connected on campus. We strive to do so by providing you all with resources where you can have your questions answered and get involved in activities and organizations at UNT. Please visit our website to learn more about what UNT has to offer for non-traditional and commuter students.**

**[http://www.unt.edu/sa/offcampus/nontrad\\_services.html](http://www.unt.edu/sa/offcampus/nontrad_services.html)**

