

## Medical Websites – Resources for Research

### Where should I go for accurate medical information?

**211 Texas** (<https://www.211texas.org/211/>)

This site searches multiple local Area Inform Centers' databases to find medical and emergency information in Texas.

**American Academy of Pediatrics** (<http://www.aap.org/parents.html>)

This site provides information on common childhood conditions and their treatments.

**American Association of Retired Persons [AARP]** (<http://www.aarp.org/>)

AARP is one of the largest and most powerful groups for persons over the age of 50. AARP has many organizational discounts for their members.

**American Cancer Society** (<http://www.cancer.org/docroot/home/index.asp>)

The American Cancer Society not only provides accurate information on cancer and treatment options but they also provide support to cancer patients and their families.

**American Heart Association** (<http://www.americanheart.org>)

A leading authority in cardiovascular information, the American Heart Association provides valuable resources for persons with diabetes and heart disease.

**American Library Association [ALA] – Medical Information**

<http://www.ala.org/ala/mgrps/divs/acrl/publications/index.cfm>

This ALA resource lists other reputable health related sites. Included in the list are government, private and academic resources.

**Centers for Disease Control [CDC]** (<http://www.cdc.gov/>)

The CDC monitors diseases in the U.S. and abroad to protect Americans from potential outbreaks. They provide accurate information on infectious diseases, how to avoid exposure and what to do if exposed.

**Internet Public Library - Health** (<http://www.ipl.org/div/subject/browse/hea00.00.00/>)

This excellent resource of internet and print materials is organized into topic areas for easy use.

**Mayo Clinic** (<http://www.mayoclinic.com>)

The Mayo Clinic is one of the most internationally respected hospitals and medical resources. Their website provides accurate information on a large number of conditions. There is also a symptom checker for the public to use.

**Medical Library Association [MLA]** (<http://www.mlanet.org/resources/medspeak/topten.html>)

Includes a list of the top ten most useful health websites.

**Medicare** (<http://www.medicare.gov/>)

The official U.S. website for Medicare. Medicare consists of health assistance for persons over the age of 65 and older and some disabled persons under 65. This webpage provides Medicare forms, information about plans and prescription drug coverage.

**Medline Plus** (<http://www.nlm.nih.gov/medlineplus/healthywebsurfing.html>)

Medline Plus is the National Library of Medicine's official public portal of medical information.

**National Institute of Health Office of Rare Diseases**

(<http://rarediseases.info.nih.gov/Resources.aspx?PageID=31>)

The Undiagnosed Diseases Program is aimed to provide answers to patients with mysterious conditions that have long eluded diagnosis, and to advance medical knowledge about rare and common diseases.

**National Library of Medicine** (<http://www.nlm.nih.gov/>)

The United States National Library of Medicine provides information on a wide range of conditions, drugs and treatment. They also provide links to legitimate online medical resources for the public.

**Veteran Affairs** (<http://www.va.gov/>)

This site contains valuable resources for current, former and retired U.S. military personnel. There are links to the benefits provided, how to appeal a decision and other important documentation.

**What other online resources are there?****Family Doctor** (<http://familydoctor.org/online/famdocen/home.html>)

Although not a medical authority, Family Doctor provides good secondary information on conditions, symptoms and treatments.

**WebMD** (<http://www.webmd.com/>)

WebMD provides good secondary medical information and is a good source of current medical news.

**Medicine Net** (<http://www.medicinenet.com>)

Reviewed by doctors, Medicine Net is a good secondary resource for medical information and news.

**How do I evaluate the information I am reading online?****Finding Health Information Online [article from AARP]**

([http://www.aarp.org/health/staying\\_healthy/prevention/a2003-03-17-wwwhealth.html](http://www.aarp.org/health/staying_healthy/prevention/a2003-03-17-wwwhealth.html))

Easy to read resource from AARP on evaluating medical information.

**National Cancer Institute**

(<http://www.cancer.gov/cancertopics/factsheet/Information/internet>)

This is another resource for evaluating medical information online.

**National Institute of Arthritis and Musculoskeletal and Skin Diseases**

(<http://www.niams.nih.gov/>)

This page focuses on how to evaluate medical information online.

**Disclaimer**

The information contained in this guide was compiled by the UNT Dallas Campus Library as a resource of information. This guide is not the work of a medical professional and does not take the place of professional medical care. Always verify with your doctor any medical information you find online.